



The Master Builders **Construction Ready** Basic Training Package Course a great choice for anyone new to the Construction industry.

Participants will receive safety training to gain knowledge required when working in the Construction industry.

Construction Ready covers a variety of flexible short courses over a period of two consecutive days to suit your organisation specific requirements and scheduling that works with your time frame.

Day 1

Course Name	Course content and objectives
<p>WHS in Construction</p>	<p><u>WHS frame work</u> – To gain understanding of the WHS Act and regulations, responsibilities of all personnel working in the construction industry</p> <p><u>Safe work culture</u> – Understanding the importance for developing and maintaining a safe work culture</p> <p><u>Risk Management</u> – Gain understanding of how risk is managed in the construction industry, including how to develop and implement and interpret JSEA, SWMS, Slams</p> <p><u>Permits</u> - Gain knowledge in the use of permits when required, ex. confined space entry, working at heights , hot work and penetration</p> <p><u>Isolation and tag out-</u> Able to identify when how where isolation may be part of a task, and the use of locks and tags</p>
<p>Prevent Injury Hazardous Manual Tasks</p>	<p>To establish methods to minimise the risk of injury to workers in the Construction industry carrying out hazardous manual tasks in;</p> <ul style="list-style-type: none"> • Manual Handling • Adopting and Maintaining good Working Postures • Using correct Manual Handling Practices • Excessive Noise • Eye Protection • Chemical Handling (SDS) • Heat Illness • Controlling common risks • Select, inspect & fit PPE

Day 2

Course Name	Course content and objectives
Asbestos Awareness	<p>Enables participants to develop the knowledge of what asbestos is, possible asbestos containing materials, as well as a basic understanding of the regulations for the safe removal and disposal of asbestos.</p> <p>Course Contents:</p> <ul style="list-style-type: none">• Identify and describe different types of asbestos• Identify likely ACMs and products• Identify and control asbestos-related hazards• Relate safe work methods to ACMs• Appropriately and accurately report the presence of ACMs• Describe the health risks, effects and preventative measures associated with asbestos exposure.• Identify asbestos control, maintenance and emergency procedures
Working Safely at Heights RIIWHIS204D	<p>This course is a national accredited course.</p> <p>WSH course provides clear instruction and practical exercises on how to manage health and safety risks arising from falls. It includes information on a range of control measures to eliminate or minimise the risks and handle emergency situation. The emphasis of the course is for participants wishing to attain a qualification to meet the Work Health and Safety requirements when managing working at heights in the workplace.</p> <p>Course Contents:</p> <ul style="list-style-type: none">• Fall Restraint• Fall Arrest• Forces of Falls• Heights Equipment• Rescue from Heights• Suspension Intolerance• Assessment